

Hello, bonjour! My name is Gabrielle (she/her), and I am running to be your next CFMS Ontario Regional Director (ORD)!

I firmly believe in the power of uplifting the voices of Ontario medical students. Your passions, desire for learner wellness, and visions for healthcare reform should be heard at the CFMS – I want to advocate for YOUR priorities.

Stemming from my passion for advocacy, I have endeavoured to enact change with the Ontario Medical Students Association (OMSA) this year—I lobbied for access to timely, comprehensive, and trauma-informed mental health care during the 2024 Day of Action, while also spearheading a panel event to provide learners with tools to navigate safe opioid prescribing. I have additionally participated in grassroots activism in menstrual equity and reproductive health, as well as engaged in several other student leadership initiatives.

In conversations with current ORDs, VP Externals, and learners across the province, I have come to understand key priorities for Ontario medical students and the CFMS. My platform focuses on meeting the unique needs of learners in this province.

### **Goal 1: Striving for equitable representation of ALL medical schools in Ontario**

Because of the diversity of medical students spanning a large geographical area in Ontario, the full CFMS experience may not be accessible to some schools. A plan to represent ALL schools across the province is key.

- a. Ensuring that in-person CFMS events occur at each medical school, not just those located in major metropolitan areas
- b. Offering further resources, opportunities, and representation for francophone medical students across the province
- c. Providing representation and advocating for student-centric policies at up-and-coming schools, including the Toronto Metropolitan University School of Medicine

### **Goal 2: Increasing reach to medical students**

Thanks to previous ORDs' efforts, the CFMS has strong relationships with student leaders. I aim to improve relationships with everyday medical students who are not representatives on student governments.

- a. Continuing existing and developing further in-person events, to create the feeling of a tangible CFMS
- b. Providing easy-to-read materials summarizing CFMS projects, to encourage participation from medical students

### **Goal 3: Leveraging collaboration to support long-term operations**

The best projects are those that have continuity and undergo iterative improvements. Collaboration and learning from one another are paramount for long-term impact.

- a. Improving year-to-year transition processes between ORDs, to avoid knowledge losses
- b. Streamlining collaboration with OMSA, to ensure projects deferred to the provincial level maintain momentum

- c. Strengthening relationships with non-Ontario Regional Directors, to share best practices and provide support

I am committed to empowering your voices as Ontario medical students. Thank you for your consideration!